

Autumn Newsletter 2022



Chairman's Welcome

Cllr Ann Lloyd



Autumn is now well and truly upon us. I have just returned from a couple of days in the New Forest area - walking, not cycling this time. Glorious surroundings with plenty of autumn colour. How lucky we are to live within an area where we can experience coastline, wooded areas and of course open countryside flanked by the North and South Downs.

This environment demands our respect. However, the Parish Council is constantly receiving letters of complaint regarding rubbish, fly tipping and now most frequently dog poo. It is not the dogs' fault - but some careless, unthinking owners. Please bag up the dog poo and take it home. The new cycle path is being littered by small black bags containing the dog poo. We are liaising with HDC to provide more dog poo bins but these obviously come at a cost. Some would argue that this is an unnecessary cost if more owners would act responsibly.

I was fortunate to recently join a council visit to the Biffa rubbish treatment plant in Langhurstwood Road. A very thought provoking visit. The amount of rubbish we

produce is incredible. We are fortunate to have excellent recycling facilities and I would encourage everyone to minimise the amount of rubbish we produce. As one supermarket would say - 'every little helps'

Enjoy the autumn here in Warnham and take time to relax and fully appreciate our beautiful countryside and the wonderful colours this time of year has to offer.

The Parish Councillors can be contacted on their email addresses - fullname@warnham.org.uk.

Articles and Announcements

Parish News

Biffa Visit



Three members of Warnham Parish Council visited the Horsham waste processing centre in Horsham to find out more about how the mountains of waste that we all produce is managed.

What we learnt was quite thought provoking - particularly as we, as individuals and communities, grapple with the current and future effects of climate change, the increasing cost of living, and increasing local development.

Processing waste is costly (in terms of the environment and financially).

The current situation is unsustainable.

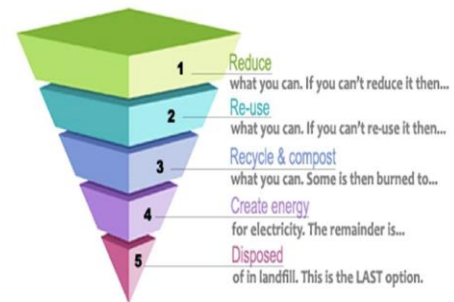
Therefore, the focus is to reduce the amount of waste each of us produce as we all contribute to a more sustainable life.

'Rubbish' discarded to our bins and collected by our trusty bin operatives is far from *'out of sight, out of mind'*. Unbelievably, perhaps, the contents of our 'rubbish' bins is carefully sorted. As much as possible is recovered for recycling, or reuse energy recovery, thereby contributing to the 'Circular Economy'.

Sorting our waste is an expensive process -

1. Waste collection vans entering the processing site are weighed; 'Gate Fees' for waste: currently £17 - £27 per tonne. (Figure likely to increase in the new year).
2. For the proportion of waste that can't be reused / recycled, landfill tax of £96.70 is payable on top of all processing costs.

Waste re-thinking: Can we Prevent / Reuse / Recycle instead of chucking it?



Some facts from the Biffa research unit:

1. Waste per household per year – approximately 400kg
2. Average amount of food waste is 40%.

This is broken down into 14% inedible food and 26% edible food: as times are getting harder, how can we reduce our own food waste - helping our pockets as well as the environment?

3. The Horsham waste processing site currently receives 650 to 750 tons of waste per day. Due to their highly mechanised sorting, cleaning & processing system, over 90% material is 'recovered'.
4. Examples of waste 'recovery':
 - 'Aggregate' is created from waste such as Glass, stones, etc
 - Metals: sorted, cleaned & sent to a recovery facility to sell on as a raw material
 - Contaminated plastic, paper, textiles etc is sent to *Energy from Waste facilities* where energy and heat are

recovered from the incineration process

- A compost-like output is made on the Biffa Site from organic waste. This is used for land remediation. The process also produces methane which is captured and burned to create electricity on site. The heat from this process is also captured and used to heat hot water boilers on the site.

Remember - if we throw a packet of food into the bin rather than sorting it at home, we are adding hugely to the work, cost and methane.

*Can **we** Prevent / Reuse / Recycle instead of chucking it?*

Resources:

1. Recycling tips:

<https://www.lindfieldlife.co.uk/recycling>

2. West Sussex Recycling Centres:

[Waste and recycling - West Sussex County Council](#)

3. Reuse/repair rather than chuck. Here are 3 organisations to help:

- [Home | Repaircafe](#)
- [TerraCycle](#)
- [Greener Living Network: Sussex Green Living](#)

4. Try not to buy food in unnecessary packaging - choose loose fruit & veg...

5. Sort your waste: don't just chuck it! E.g. freeze, or compost leftover food if possible, then sort

packaging into recycling / waste bins.

Organisations to help us each take action to reduce Food waste:

- [UKHarvest food rescue and education charity](#)
- Olio (look up the app on a smart phone or other mobile device)
- [25 ways to use up leftover ingredients | BBC Good Food](#)

Christmas Collections

Cllr Ian Gurling has lots to say about the upcoming festive period, with a special plea for help.

"I have two Christmas charity activities that I undertake, this is me doing my part to support others and I'm not directly affiliated with any other organisation.

The first is a collection of advent calendars.

There are children in social care who receive what they need for normal life, but as you can appreciate won't receive the extra niceties that many children are familiar with, such as Christmas advent calendars. Simply put what I ask for is donations of advent calendars, preferably the type that you open a window and are presented with a small piece of chocolate. I collect up the donations ahead of December 1st take them to local children's homes to be gifted to the children that they care for. Last year I received donations of 50 advent calendars.

The second is called a **Reverse Advent Calendar**

For 24 days in November instead of taking a piece of chocolate (or any

other small gift) out of a window or box, I ask that donors place an item of food into a box for donation. At the end of 24 days and ahead of December 10th I receive and collate these donations before delivering them, to a local Foodbank. With the cost of living crisis this year demand on food banks is growing, individuals and families who you would not normally expect to use a Foodbank are having to do so in order to get by and Christmas is a very expensive time for all. Any food donations have to be in date for the Christmas period so please no perishable items, they will also accept toiletries, cleaning supplies and personal items such as feminine hygiene products. But given that the donation is for Christmas, please also include some Christmas treats, mince pies, Christmas puddings and cakes, cheese biscuits and Christmas chocs.

This link will help demonstrate what foods and products are in demand: <https://www.trusselltrust.org/get-involved/ways-to-give/donate-food/>

To illustrate the personal pleasure a Christmas item can bring, when I first did this collection, through my work based in Hampton I took our collection of food to the local food bank, including Christmas puddings, biscuits, mince pies and other items. In the new year I returned to work and received an email forwarded to me from the Trussell trust in Hampton from a lady who had received a food box. In it was a pack of mince pies, she said that they brought her to tears in gratitude, she didn't expect Christmas to come to her home that year and the mince pies filled her

with such joy, reminded her what it meant to have Christmas.

I've been running this collection for 5 years now and through the pandemic limited collections to Station Road, last Christmas we managed to fill my car with donations weighing in at approximately 300kg. Thank you."

If anyone is able to help these worthy causes over the festive period, please do get in touch with either the Clerk or Cllr Gurling.

Planting a tree for Her Late Majesty Queen Elizabeth II

At the time of the Jubilee, back in May 2022, HDC approached all the community councils and asked whether they would like to adopt a tree in line with Her Late Majesty's Green Canopy. The Parish Council accepted this kind offer and will take possession of this special tree at the start of November. The Council will be planting the tree on the Village Green, along with an eco friendly memorial plaque on the 19th November at 11am. Everyone is welcome to attend.

Parish Council News

Fire Alarms



Does anyone know of someone classed vulnerable? Do they need a new Smoke Alarm? Or benefit from having a Safe & Well visit? West Sussex Fire & Rescue have funds to supply new Smoke Alarms. Fire & Visit <https://www.westsussex.gov.uk/fire-emergencies-and-crime/west-sussex-fire-and-rescue-service/> for more information or contact the Parish Clerk.

Time for Dementia:

Families affected by dementia in Sussex are invited to take part in an award-winning programme to

improve dementia care. Time for Dementia pairs families affected by dementia with undergraduate students studying healthcare, helping the students to gain a better understanding of living with dementia, and develop skills to provide better care for patients and their families. We are currently looking for families in Sussex to have pairs of Medical Students studying at the Brighton and Sussex Medical School situated at the University of Sussex.

Designed to create a new generation of health care professionals, students visit a family affected by dementia in pairs over a two-year period, which provides a unique opportunity to see people affected by dementia in their own home. The visits are designed to enable students to see how a diagnosis of dementia can affect people and the challenges and changes that they may face over time. The students also receive supporting tutorials and lectures. Families will be visited by Alzheimer's Society initially to explain the programme in more detail and answer any questions. Families taking part can expect to see the same pair of students up to 6 times over the course of 2 years of the students' studies, with each visit lasting between 1-2 hours.

The Time for Dementia programme has been embedded as a core component of the curriculum at Brighton and Sussex Medical School and University of Brighton along with universities across Kent, Surrey and Devon with a range of undergraduate health care students. So far, more than 1,800 families and 4,900 students have taken part in the programme.

You can hear what some of our families think about taking part here

<https://youtu.be/EvdE85OFz0s>

Evaluation of the programme has shown huge improvements in students' knowledge and attitude towards dementia. Additionally, students report that they have gained knowledge of what it might be like to live with dementia; that their confidence and skills in communicating with people with dementia has improved; and that they have more awareness of the role of carers.

Local Events

Warnham Seniors

Contact Ann Llyod

Warnham Seniors is now in full swing and welcoming everyone back. Meetings take place on the 1st & 3rd Tuesday of every month from 2pm – 4pm. Venue is the Parish Rooms.

Reporting

Police

In the event of anyone needing to report anything going on within the Warnham Parish, your first port of call could be PSCO Bell, he can be reached on;

E: Adrian.bell@sussex.pnn.police.uk

T: **01273 404535**

M: **07912 892978**

For all emergencies **999**

For all non-emergencies **101**

If you are deaf, hard of hearing or have speech impaired, you can make contact via:

TypeTalk on **18000**

send a text to **65999**

Crimestoppers **0800 555 111**

Follow Sgt Tom Carter rural lead for Sussex Police and the Horsham Crime Prevention Team on Twitter at: **@SgtTomCarter**

Scams

Action Fraud has received 139 crime reports relating to fake text messages

purporting to be from the UK government. The texts state that the recipient is “owed” or “eligible” for an energy bill discount as part of the Energy Bill Support Scheme. The links in the emails lead to genuine-looking websites that are designed to steal your personal and financial information. You can see screenshots of the text messages on our Twitter post [here](#).

Spotted a suspicious text message? Forward it to 7726 (it's free of charge). If you forward a text to **7726**, your provider can investigate the origin of the text and arrange to block or ban the sender, if it's found to be malicious.

For more information on how to stay secure online, please visit www.cyberaware.gov.uk

If you found this information useful, please share it with friends, family and colleagues.

Love West Sussex

Love West Sussex is an award winning mobile and cloud based service. Residents can report environmental crimes such as graffiti, fly-tipping or potholes through their mobile phones. You send in your report using the free mobile app, a text or a picture message, or using the free website. Love West Sussex will deal with your report and keep you updated on the progress.

<https://love.westsussex.gov.uk/reports/home>

Don't forget to sign up to our newsletter via our website at www.warnham.org.uk

Meeting Dates –

November 2022

22nd November Finance Committee & Full Council

December 2022

20th December Full Council

From the 22nd December until the 3rd January 2023 the Council Offices will be closed. The Clerk will have limited access to emails. If there is anything urgent please contact the Council Office number 07456 087603.

January 2023

10th January RAG, Planning & Highways Committee and Finance Committee

24th January Planning & Highways Committee and Full Council

Agendas and Minutes are posted on the website, social media and the noticeboards

Useful Numbers

St Margaret's Church	07554 481737
Warnham CofE Primary	01403 265230
Village Hall	07717247430
Parish Room	01403259247
Allotments	01403 265031
Warnham Social Club	01403 211747
HDC	01403 215100
WSCC	01243 777100
Horsham Library	01403 224353